MEAT MENU

KANNER'S

FIRST COURSE choice of 3

- Blintzes filled with mock liver in gravy
- Potato blintzes with mushroom sauce
- Pastry filled with sauteed vegetables in gravy
- Pastry filled with potato in mushroom sauce
- Potato Bourekas in mushroom sauce
- Bourekas filled with chopped meat (extra 10 shekel)
- ??? eggplant (extra 10 shekel)

SALADS choice of 6:

- Techina
- Matbucha (hot spicy tomato)
- Eastern style tomato salad
- Tomato dip
- Moroccan carrots fresh or cooked
- Sweet carrot salad with pineapple
- Sweet and sour beets
- Beets in mayonnaise
- Eastern style beets
- Chraine
- Eggplant/Mock liver
- Eggplant in tomato sauce
- Eggplant in mayonnaise
- Eggplant sweet/sour
- Greek eggplant
- Fried eggplant with techina
- Eggplant halves with techina
- Corn salad
- Piquant olives
- Fried hot peppers
- Pickled fennel (in season)
- Pickled cucumbers, olives and hot green peppers
- Avocado (in season)
- Vegetble platters with seasoning

- Fresh liver on sweet potato puree (extra 15 shekel)
- Fried sole (extra 10 shekel)
- Herbed salmon fillet (extra 10 shekel)
- Salmon fillet with mustard sauce (extra 10 shekel)
- Nut crusted salmon fillet (extra 10 shekel)
- Amnon fillet Eastern style (extra 10 shekel)
- Herbed Amnon fillet (extra 10 shekel)
- Purple cabbage with almonds and sesame
- Green cabbage with dill
- Coleslaw
- Bean sprouts in vinegar
- Fresh mushrooms with vegetables (not available during shmitta)
- Cherry tomatoes with purple onion
- Lettuce with fruit and sweet sour dressing
- Lettuce with peppers and barbecue sauce
- Lettuce with sprouts and vinaigrette
- Baby greens with cherry tomatoes and thousand island dressing
- Lettuce with sprouts and nishnushim (flavoured thin crackers) and sweet sour dressing
- Lettuce with sweet potato chips and mustard dressing
- Lettuce with mushrooms and teriyaki sauce (not available during shmitta)
- Cucumber salad
- Pickled vegetables
- Waldorf salad
- Potato salad with mayonnaise, carrot and peas
- Pasta salad
- Hummus

MAIN COURSE (choice of 3)

- Grilled chicken quarter
- Sweet and sour chicken
- Breaded chicken
- Schnitzel
- Chicken steak
- Stuffed chicken breast Chinese style
- Turkey roulade
- Beef with mushroom sauce (shoulder) (*extra 10 sheke*)

KANNER'S

- Beef with eastern style sauce (extra 10 shekel)
- Beef with stir fried vegetables (*extra 10 sheke*)

<u>SIDE DISHES</u> (choice of 3)

- ✓ Potatoes baked
- ✓ White, yellow or green rice
- ✓ Stir fried vegetables
- ✓ Green beans with almonds and sesame
- ✓ Eastern style olives
- ✓ Apple /onion/vegetable/carrot kugel
- ✓ Couscous
- ✓ Hot cabbage with noodles
- ✓ Fresh salad
- ✓ Potato kugel

DESSERT choice of 1

- ✓ Apple strudel with vanilla ice cream
- ✓ Chocolate cake with vanilla ice cream
- ✓ Chocolate mousse/fruit mousse
- ✓ Ice cream with fruit sauce
- ✓ Sorbet
- ✓ Fruit salad
- ✓ Ice cream bar (extra 5 shekel)

<u>SOUP</u>

Soup can be added to the menu as an additional course for an extra 5 shekel per person

- Pumpkin soup
- Green pea soup
- Celery soup

- Vegetable soup with matza balls
- Vegetable barley soup
- Minestrone so



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